

Place Patient Label Here

Request and Consent for Barrier Contraceptives (Male or Female Condoms, Diaphragm)

Voluntary Participation and Confidentiality Statement: Title X services are being provided to me solely on a voluntary basis; I am choosing to receive these services of my own free will. I understand that staff may not coerce(force) me to receive services or to use or not to use any particular method of family planning. I understand that I have the right to accept or refuse family planning services without being denied eligibility for any other services/programs provided by this agency. This information is confidential and will be treated as such.

Birth control methods may have good or bad side effects or complications, which may be harmful to me. I have been told that the most frequent benefits, risks and side effects are those listed below. Others not listed may occur.

Condoms Use Effectiveness: 87–98 Percent Diaphragm Plus Spermicide Use Effectiveness: 83–Percent

| Benefits | Possible Risks/Disadvantages | Possible Side Effects |
|---|---|---|
| <ol style="list-style-type: none">1. Condoms are easily obtained over the counter. No prescription necessary.2. Discreet-can be easily hidden in a wallet or purse.3. Latex condoms offer protection against STIs, including HIV4. Male condoms allow males to share in the responsibility of birth control5. Safe to use while breastfeeding | <ol style="list-style-type: none">1. Must be used every time you have sex.2. Use of oil-based lubricants damages latex3. May interrupt sex4. Increased risk for pelvic infections — diaphragm5. Diaphragm needs to be fitted by a health care provider.6. Diaphragm must be left in place for six hours after sexual intercourse, but not for more than 24 hours7. Diaphragm must be used with spermicide8. Diaphragm may need to be refitted after having a baby, an abortion, miscarriage, or gain/loss of 10 lbs. or more9. Diaphragm cannot be used in the first 6 weeks after having a baby. | <ol style="list-style-type: none">1. Allergic reaction to latex or other components2. Vaginal irritation, from incorrect placement of the diaphragm or from spermicide may occur which can increase the risk of contracting a sexually transmitted disease including HIV |

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