1. Last Name	st Name First Name						MI		
2. Patient Number									
3. Date of Birth (MM/DD/YYYY)									
		Мо	nth	D	ay		Υe	ar	
4. Race □ American Indian or Alaska Native □ Asian □ Black/African American □ Native Hawaiian/Other Pacific Islander □ Unknown □ White									
5. Ethnic Origin ☐ Hispanic Cuban ☐ Hispanic Mexican American ☐ Hispanic Other ☐ Hispanic Puerto Rican ☐ Not Hispanic/Latino ☐ Unreported									
6. Gender □ Female □ Male									
7. County of Residence									

N.C. Department of Health and Human Services
Division of Public Health
Women's and Children's Health Section
Family Planning and Reproductive Health Unit

## Request and Consent for Barrier Contraceptives (Male or Female Condoms, Diaphragm)

<u>Voluntary Participation and Confidentiality Statement:</u> Title X services are provided solely on a voluntary basis. Individuals must not be subjected to coercion to receive services or to use or not to use any particular method of family planning. Acceptance of family planning services must not be a prerequisite to eligibility for, or receipt of, any other service or assistance from or participation in any other programs of the applicant. This information is confidential and will be treated as such.

Birth control methods may have good or bad side effects or complications, which may be harmful to me. I have been told that the most frequent benefits, risks and side effects are those listed below. Others not listed may occur.

Condoms Use Effectiveness: 79–98 Percent Diaphragm Use Effectiveness: 84–94 Percent

## Benefits

- 1. No prescription necessary for condoms
- 2. Easily obtained
- 3. Use of male condoms increase male responsibility
- 4. Safe to use while breastfeeding

Contraceptive Technology 20th ed. 2011

## Possible Risks/Disadvantages

- 1. Incorrect use can lead to pregnancy, sexually transmitted diseases including HIV
- 2. Use of oil-based lubricants damages latex
- 3. Interruption of sexual act
- Increased risk for toxic shock syndrome and urinary tract infections — diaphragm
- 5. Diaphragm must be left in place for six hours after sexual intercourse, but not for more than 24 hours
- 6. Diaphragm must be used with spermicide
- 7. Diaphragm may need to be refitted after having a baby, an abortion, miscarriage, or gain/loss of 10 lbs or more

## **Possible Side Effects**

- 1. Allergic reaction to latex
- Vaginal irritation may occur which can increase the risk of contracting a sexually transmitted disease including HIV

1. I do not wish to become pregnant now. One benefit of choosing a method of birth control is that I will be better able to delay a pregnancy until it is desired.

- 2 All contraceptives offered by this clinic have been explained to me. I may change to another method if medically recommended. Also, I may stop using a birth control method if I wish to become pregnant. Instructions for the use of my chosen method have been given to me.
- 3. <u>I have read the above (or have had it read to me)</u> and have been given the opportunity to ask questions and received answers to my satisfaction. Being mentally competent, I assume full responsibility and release the local health department, including the attending clinician, staff and assistants of any and all liability for any adverse effects or pregnancy that may result from my using the method of birth control provided to me. I have been advised to call the clinic for discontinuation instruction if I choose to stop this method
- 4. I have been provided information about an emergency number to call after clinic hours or when the agency is closed.

5. I have chosen an	d requested condoms or diaphragm	as a method of birth	control.
/			
Date	Signature of Patient		
//			
Date	Signature of Patient		
INTERPRETER'S If an interpreter is p	S STATEMENT provided to assist the individual in c	choosing her birth con-	trol method:
consent. I have also	_		al to use the above contraception by the person obtaining this _ language and explained its contents to her. To the best of my
Interpreter		///	
Interpreter		//	