

Place Patient Label Here

## Request and Consent for the Copper Intrauterine Device (IUD)

**Voluntary Participation and Confidentiality Statement:** Title X services are provided solely on a voluntary basis. Individuals must not be subjected to coercion to receive services or to use or not to use any particular method of family planning. Acceptance of family planning services must not be a prerequisite to eligibility for, or receipt of, any other service or assistance from or participation in any other programs of the applicant. This information is confidential and will be treated as such.

Birth control methods may have good or bad side effects or complications, which may be harmful to me. I have been told that the most frequent benefits, risks and side effects are those listed below. Others not listed may occur.

### Copper IUD Use Effectiveness: 99.4–99.6 Percent

Benefits	Possible Risks/Disadvantages	Possible Side Effects
<ol style="list-style-type: none"><li>1. Highly effective</li><li>2. Contraception lasts for 10 years</li><li>3. Gives freedom for greater sexual spontaneity</li><li>4. Easily reversible</li><li>5. Convenient</li><li>6. Does not change the composition of breast milk or the volume</li><li>7. Reduce risk of ectopic pregnancy</li><li>8. Cost effective</li></ol>	<ol style="list-style-type: none"><li>1. Infection occurs rarely within the first few days after insertion.</li><li>2. IUD may go through the uterus. This is called perforation.</li><li>3. The IUD may come out by itself. Use of a backup birth control method would be required for expulsion.</li><li>4. Missing IUD threads/strings—your provider can usually remove an IUD with missing threads in the office. Rarely, you will need minor surgery to remove an IUD with missing threads.</li><li>5. No protection from sexually transmitted diseases including HIV</li><li>6. Allergy to copper</li></ol>	<ol style="list-style-type: none"><li>1. Increased menstrual bleeding</li><li>2. Increased menstrual cramping</li></ol>

*Contraceptive Technology 21<sup>st</sup> ed. 2018*

1. I do not wish to become pregnant now. One benefit of choosing a method of birth control is that I will be better able to delay a pregnancy until it is desired.
2. The contraceptives that I am interested in have been explained to me and I have been given the opportunity to ask questions about the different methods. I may change to another method or stop using a birth control method at any time I wish, for any reason, including to become pregnant or if medically recommended. I have been advised to call the clinic for discontinuation of the IUD method. Instructions for the use of my chosen method have been given to me.

