

**HOME VISIT FOR POSTNATAL ASSESSMENT  
 AND FOLLOW-UP CARE**

|                                                                                                                                                                                                                                                                                           |            |          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|
| 1. Last Name                                                                                                                                                                                                                                                                              | First Name | MI       |
| 2. Patient Number                                                                                                                                                                                                                                                                         |            |          |
| 3. Date of Birth (MM/DD/YYYY)                                                                                                                                                                                                                                                             | Month      | Day Year |
| 4. Race <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian<br><input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Other Pacific Islander<br><input type="checkbox"/> Unknown <input type="checkbox"/> White    |            |          |
| 5. Ethnic Origin <input type="checkbox"/> Hispanic Cuban <input type="checkbox"/> Hispanic Mexican American<br><input type="checkbox"/> Hispanic Other <input type="checkbox"/> Hispanic Puerto Rican<br><input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Unreported |            |          |
| 6. County of Residence                                                                                                                                                                                                                                                                    |            |          |

Newborn's Name: \_\_\_\_\_  
 Newborn's Birth Date: \_\_\_\_\_  
 Weight: \_\_\_\_\_ Gestational Age: \_\_\_\_\_  
 Outcome:  discharged home  in hospital  died  
 Patient's Medicaid No.: \_\_\_\_\_  
 Educational Level: \_\_\_\_\_ Employed:  Yes  No  
 Type of Work: \_\_\_\_\_  
 Date of Return to Work: \_\_\_\_\_

Patient's Marital Status:  S  M  Sep  Div  Widow CMHRP:  Yes  No

Telephone (\_\_\_\_) \_\_\_\_\_ Relative/Contact Person: \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

Does patient speak English?  Yes  No  Staff Bilingual — If no, who will interpret?

**Instructions: Prenatal and Labor and Delivery history should be reviewed prior to appointment.**

| I. PRENATAL HISTORY                                                                | CODE                                 | COMMENTS/TEACHING/HANDOUTS                                                                                                                                    |
|------------------------------------------------------------------------------------|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A. Source of Prenatal Care                                                         |                                      | Please indicate provider/practice where prenatal care obtained; if no prenatal care, state this.                                                              |
| B. When Prenatal Care Began                                                        |                                      | ____ Weeks /Days Gestation                                                                                                                                    |
| C. Drug Use: (Code as Y or N)                                                      |                                      | If yes to 1-5, please provide comment.                                                                                                                        |
| 1. Tobacco (Cigarettes/Cigar/Cigarillos/Chew/Snuff/Snus/Hookah/Strips/Sticks/Orbs) |                                      |                                                                                                                                                               |
| 2. Electronic Nicotine Device/Vaping                                               |                                      |                                                                                                                                                               |
| 3. Alcohol                                                                         |                                      |                                                                                                                                                               |
| 4. Illegal Drugs                                                                   |                                      |                                                                                                                                                               |
| 5. Prescription/Over-the Counter Drugs<br>Herbal Supplements/Remedies              |                                      |                                                                                                                                                               |
| D. STI/HIV (Code as Y or N)                                                        |                                      |                                                                                                                                                               |
| E. GBS (Code as Y or N)                                                            |                                      | If yes, treated during delivery? (Y or N)                                                                                                                     |
| F. Hepatitis (Code as Y or N)                                                      |                                      | If yes, did infant receive HBIG at delivery? (Y or N)                                                                                                         |
| G. Prenatal Complications (Code as Y or N)                                         |                                      | If yes, please explain.                                                                                                                                       |
| II. INTRAPARTUM                                                                    | CODE                                 | COMMENTS/TEACHING/HANDOUTS                                                                                                                                    |
| A. Gravida/Parity — G__T__P__A__L__<br>(Include current delivery.) _____           |                                      |                                                                                                                                                               |
| B. Place of Delivery                                                               | List site to right                   |                                                                                                                                                               |
| C. Type of Delivery                                                                | Check box to right                   | <input type="checkbox"/> Vaginal <input type="checkbox"/> C/S <input type="checkbox"/> Vaginal with Assistance (Forcep/Vac)                                   |
| D. Problems During/After Delivery                                                  |                                      | If yes, please explain.                                                                                                                                       |
| E. Received Immunization(s) as indicated post-delivery                             | Check appropriate boxes to the right | <input type="checkbox"/> Influenza <input type="checkbox"/> MMR <input type="checkbox"/> Tdap <input type="checkbox"/> Varicella <input type="checkbox"/> N/A |

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

| III. INTERIM                                                                                                                                                                                                                                                        | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A. General Wellbeing (subjective)                                                                                                                                                                                                                                   |      |                                                                                                                                                                       |
| B. Physical Activities/Fatigue                                                                                                                                                                                                                                      |      |                                                                                                                                                                       |
| C. Emotional Status                                                                                                                                                                                                                                                 |      |                                                                                                                                                                       |
| D. Depression Screening Tool Completed (PHQ9 or EPDS)                                                                                                                                                                                                               |      | Screening Tool <input type="checkbox"/> PHQ-9 <input type="checkbox"/> EPDS<br>Score: _____<br>Referral Made <input type="checkbox"/> Yes <input type="checkbox"/> No |
| IV. INFANT FEEDING                                                                                                                                                                                                                                                  | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
| A. Breast Feeding (Code Yes or No)                                                                                                                                                                                                                                  |      |                                                                                                                                                                       |
| B. Other infant feeding (Yes or No)                                                                                                                                                                                                                                 |      |                                                                                                                                                                       |
| C. Complications/Concerns                                                                                                                                                                                                                                           |      | If yes, explain.                                                                                                                                                      |
| D. Support Systems/Resources Available                                                                                                                                                                                                                              |      |                                                                                                                                                                       |
| V. HOME & SOCIAL ENVIRONMENT                                                                                                                                                                                                                                        | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
| A. Type/Condition of Dwelling (Describe)                                                                                                                                                                                                                            |      |                                                                                                                                                                       |
| B. Number in Household                                                                                                                                                                                                                                              |      | Adults: _____ Children: _____                                                                                                                                         |
| C. Water Supply/Plumbing                                                                                                                                                                                                                                            |      | <input type="checkbox"/> Well <input type="checkbox"/> City Water <input type="checkbox"/> Indoor <input type="checkbox"/> Outdoor Plumbing                           |
| D. Basic Family Need for Clothing Met (Code Y or N)                                                                                                                                                                                                                 |      |                                                                                                                                                                       |
| E. Working Stove and Refrigerator (Code Y or N)                                                                                                                                                                                                                     |      |                                                                                                                                                                       |
| F. Electricity (Code Y or N)                                                                                                                                                                                                                                        |      |                                                                                                                                                                       |
| G. Environment/Safety Hazard                                                                                                                                                                                                                                        |      |                                                                                                                                                                       |
| H. Smoking—Home and/or Car (Code Y or N)                                                                                                                                                                                                                            |      |                                                                                                                                                                       |
| I. Smoke/Carbon Monoxide Detectors (Code Y or N)                                                                                                                                                                                                                    |      |                                                                                                                                                                       |
| J. Other                                                                                                                                                                                                                                                            |      |                                                                                                                                                                       |
| VI. NUTRITION STATUS                                                                                                                                                                                                                                                | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
| A. Appetite                                                                                                                                                                                                                                                         |      |                                                                                                                                                                       |
| B. Vitamin/Mineral Supplement                                                                                                                                                                                                                                       |      |                                                                                                                                                                       |
| C. Adequate Food Supply                                                                                                                                                                                                                                             |      |                                                                                                                                                                       |
| D. Fluid Intake (64 fluid ounces daily) — preferably water                                                                                                                                                                                                          |      |                                                                                                                                                                       |
| VII. ELIMINATION                                                                                                                                                                                                                                                    | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
| A. Voiding/Bowel Function                                                                                                                                                                                                                                           |      |                                                                                                                                                                       |
| B. Hemorrhoids                                                                                                                                                                                                                                                      |      |                                                                                                                                                                       |
| VIII. POSTPARTUM PHYSICAL ASSESSMENT                                                                                                                                                                                                                                | CODE | COMMENTS/TEACHING/HANDOUTS                                                                                                                                            |
| <b>This section may involve but does not require a hands-on physical exam. If assessed or observed by RN then describe findings. If findings are reported to the RN by the patient, then mark the box per patient report. Items coded with X must be explained.</b> |      |                                                                                                                                                                       |
| A. General Appearance (Code X or O; use SN as necessary)                                                                                                                                                                                                            |      |                                                                                                                                                                       |
| B. T/P/R/BP (Measure and document)                                                                                                                                                                                                                                  |      | T - _____ P - _____ R - _____ BP - _____                                                                                                                              |
| C. Breast/Nipples (Code X or O)                                                                                                                                                                                                                                     |      | Per Patient Report <input type="checkbox"/>                                                                                                                           |
| D. Abdomen — Incision(s) (Code X or O)                                                                                                                                                                                                                              |      | Per Patient Report <input type="checkbox"/>                                                                                                                           |
| E. Uterus (Code X or O)                                                                                                                                                                                                                                             |      | Per Patient Report <input type="checkbox"/>                                                                                                                           |
| F. Lochia (Code X or O)                                                                                                                                                                                                                                             |      | Per Patient Report <input type="checkbox"/>                                                                                                                           |
| G. Episiotomy/Perineum (Code X or O)                                                                                                                                                                                                                                |      | Per Patient Report <input type="checkbox"/>                                                                                                                           |

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

|                                                    |                       |                                                                                                                 |
|----------------------------------------------------|-----------------------|-----------------------------------------------------------------------------------------------------------------|
| H. Legs (Code X or O)                              |                       | Per Patient Report <input type="checkbox"/>                                                                     |
| I. Other (Code X or O)                             |                       |                                                                                                                 |
| <b>IX. FAMILY RELATIONSHIPS</b>                    | <b>CODE</b>           | <b>COMMENTS/TEACHING/HANDOUTS</b>                                                                               |
| A. Support Person                                  | List relationship(s)  |                                                                                                                 |
| B. Maternal-Infant Bonding                         | Observe and document  |                                                                                                                 |
| C. Sexual Issues                                   |                       |                                                                                                                 |
| D. Interpersonal Violence                          |                       |                                                                                                                 |
| <b>X. CONTRACEPTION</b>                            |                       | <b>COMMENTS/TEACHING/HANDOUTS</b>                                                                               |
| A. Current Method                                  | Document to the right |                                                                                                                 |
| B. Planned Method                                  | Document to the right |                                                                                                                 |
| C. Plans for Spacing Children                      |                       | <input type="checkbox"/> No Plan for More Children                                                              |
| <b>XI. REFERRAL (Code as Y, N or N/A)</b>          | <b>CODE</b>           | <b>COMMENTS/TEACHING/HANDOUTS</b>                                                                               |
| A. WIC                                             |                       |                                                                                                                 |
| B. Medicaid for FP Services                        |                       |                                                                                                                 |
| C. Postpartum Exam/Family Planning                 |                       | P.P. Exam - _____ F.P. - _____                                                                                  |
| D. Care Management for Children                    |                       |                                                                                                                 |
| E. Breastfeeding Support                           |                       |                                                                                                                 |
| F. Parenting Classes                               |                       |                                                                                                                 |
| G. Transportation                                  |                       |                                                                                                                 |
| H. Newborn Assessment Completed                    |                       | Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>                           |
| I. Other                                           |                       |                                                                                                                 |
| <b>XII. COORDINATION OF SERVICES</b>               | <b>CODE</b>           | <b>Code this section using Y or N/A — If you check yes respond to the boxes to the right.</b>                   |
| A. Collaboration with Pregnancy Care Manager       |                       | Prior to appointment <input type="checkbox"/> Post appointment <input type="checkbox"/><br>Date Completed _____ |
| B. Collaboration with Care Management for Children |                       | Prior to appointment <input type="checkbox"/> Post appointment <input type="checkbox"/><br>Date Completed _____ |
| C. Other                                           |                       |                                                                                                                 |

Signature: \_\_\_\_\_ Date of Appointment: \_\_\_\_\_

| DATE | NOTES |
|------|-------|
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**Purpose:** To record findings from the home visit assessment of postpartum patient.  
**Preparation:** To be completed on every postpartum patient for whom a home visit assessment was done.