

FAMILY PLANNING MEDICAID

Supports Dads-to-Be.



Staying on top of your health can make it easier to get pregnant and protect the health of your partner and baby, too.

As part of your annual physical, you can **talk with your provider** about:

- How to improve your sperm health
- Short-term birth control strategies
- How to time sex to increase your chances of pregnancy
- Hazards to avoid while you and your partner are “trying”
- Testing and treating sexually transmitted infections (STIs)
- Ways you can support your partner and baby’s health from pregnancy through post-partum



**INVEST IN
YOUR HEALTH**
so you can be there for
all the big moments.

**Apply for
Family Planning Medicaid at
[ePASS.nc.gov](https://www.ePASS.nc.gov)**



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**