

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

# Family Planning Medicaid Overview and Updates

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**Family Planning Medicaid Program Manager**

## What is Family Planning Medicaid?

- Health coverage plan through Medicaid that covers reproductive health services



- Created in 2005 as a Section 1115 waiver, made permanent in 2014 through a State Plan Amendment
  - Previously known as: Be Smart Medicaid, Family Planning Waiver, Be Smart Family Planning

# Who Can Have Family Planning Medicaid?


## Eligible Individuals:



U.S. Citizen or Specific  
Lawfully Present Immigrant



Resident of  
North Carolina



Income 195% or less of  
the Federal Poverty Line




Any Gender




Any Reproductive Age


## Individuals are *ineligible* if:



Sterile/Unable  
to have Children

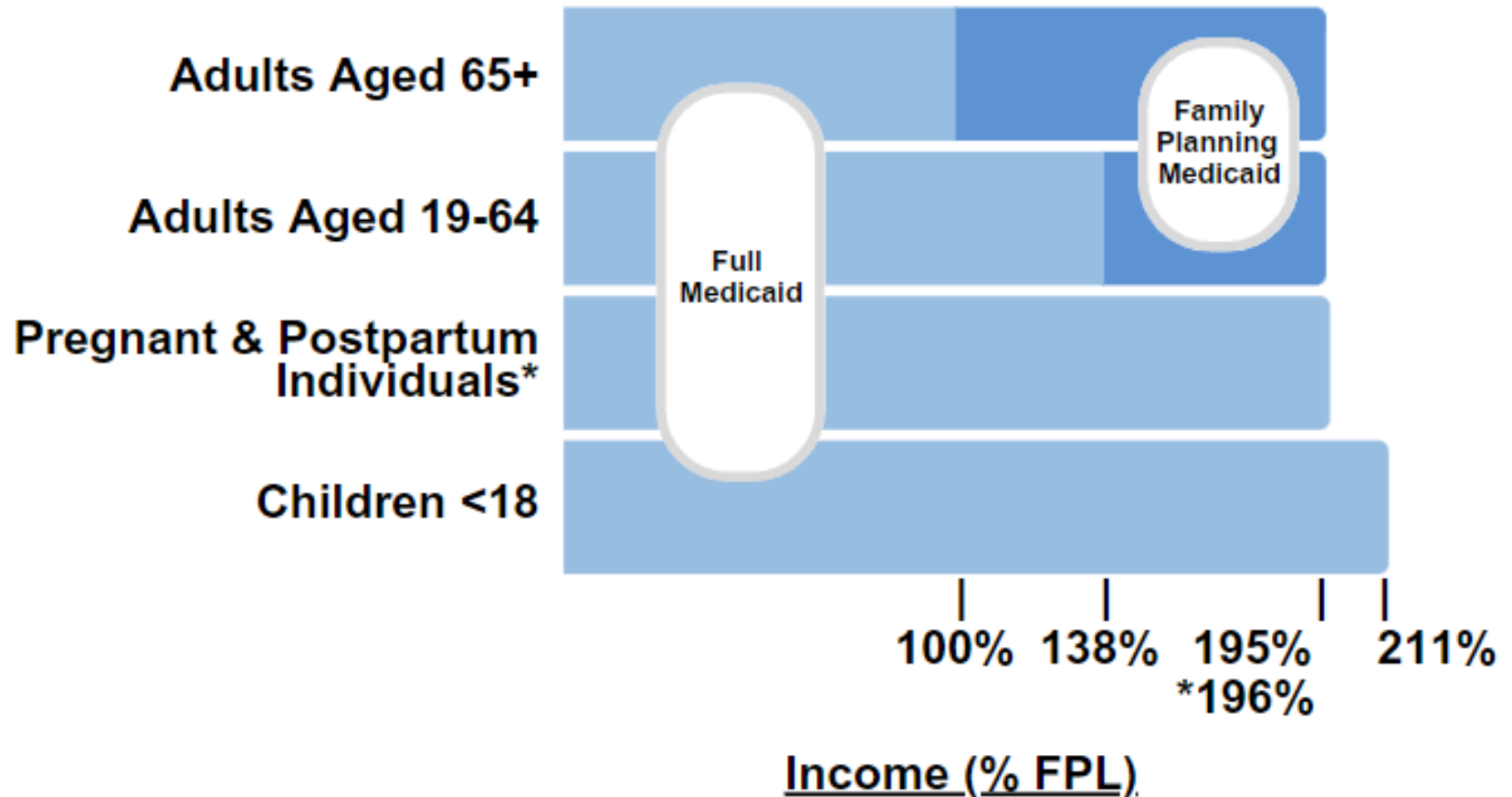


Pregnant

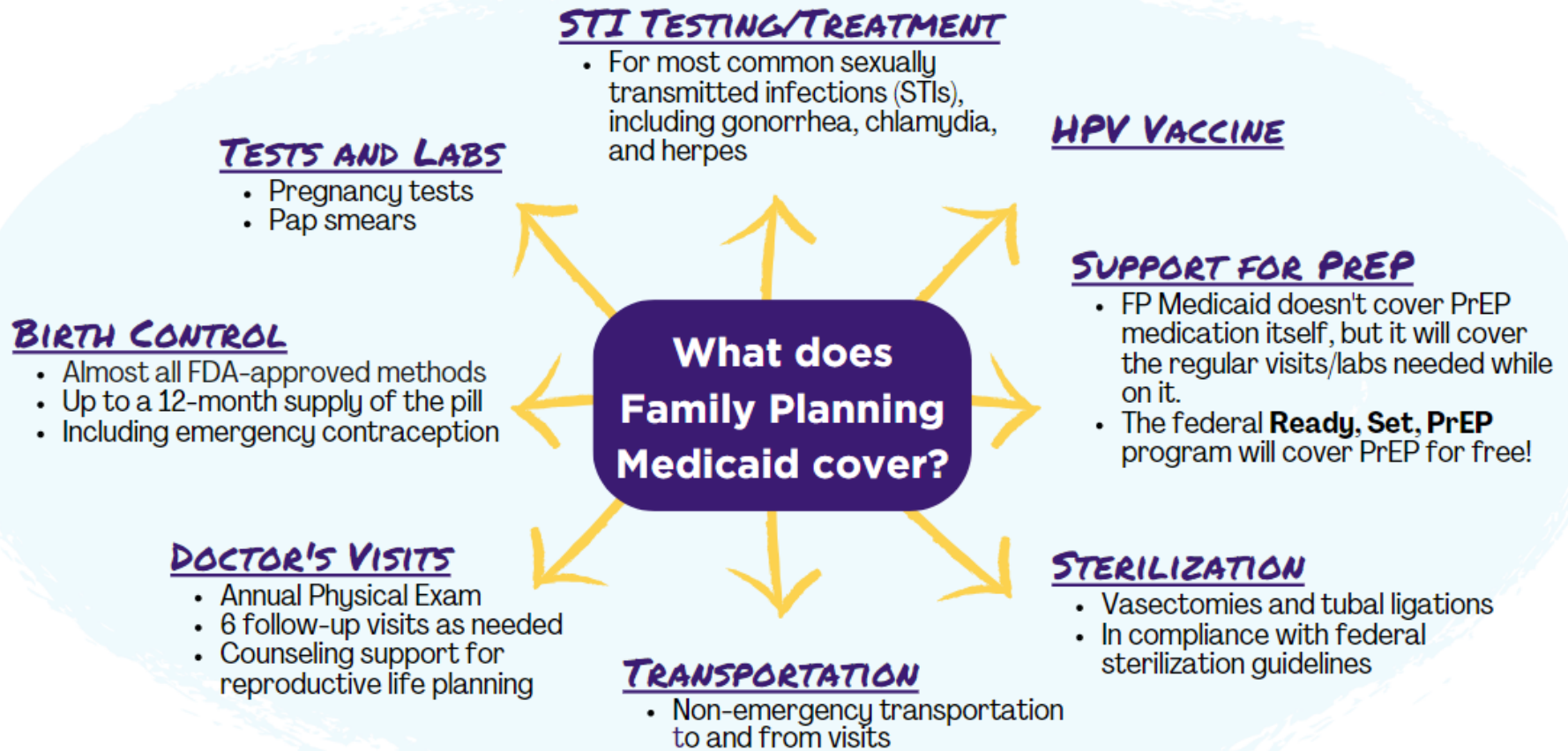


Currently  
Incarcerated

# Family Planning Medicaid and Other Medicaid Programs

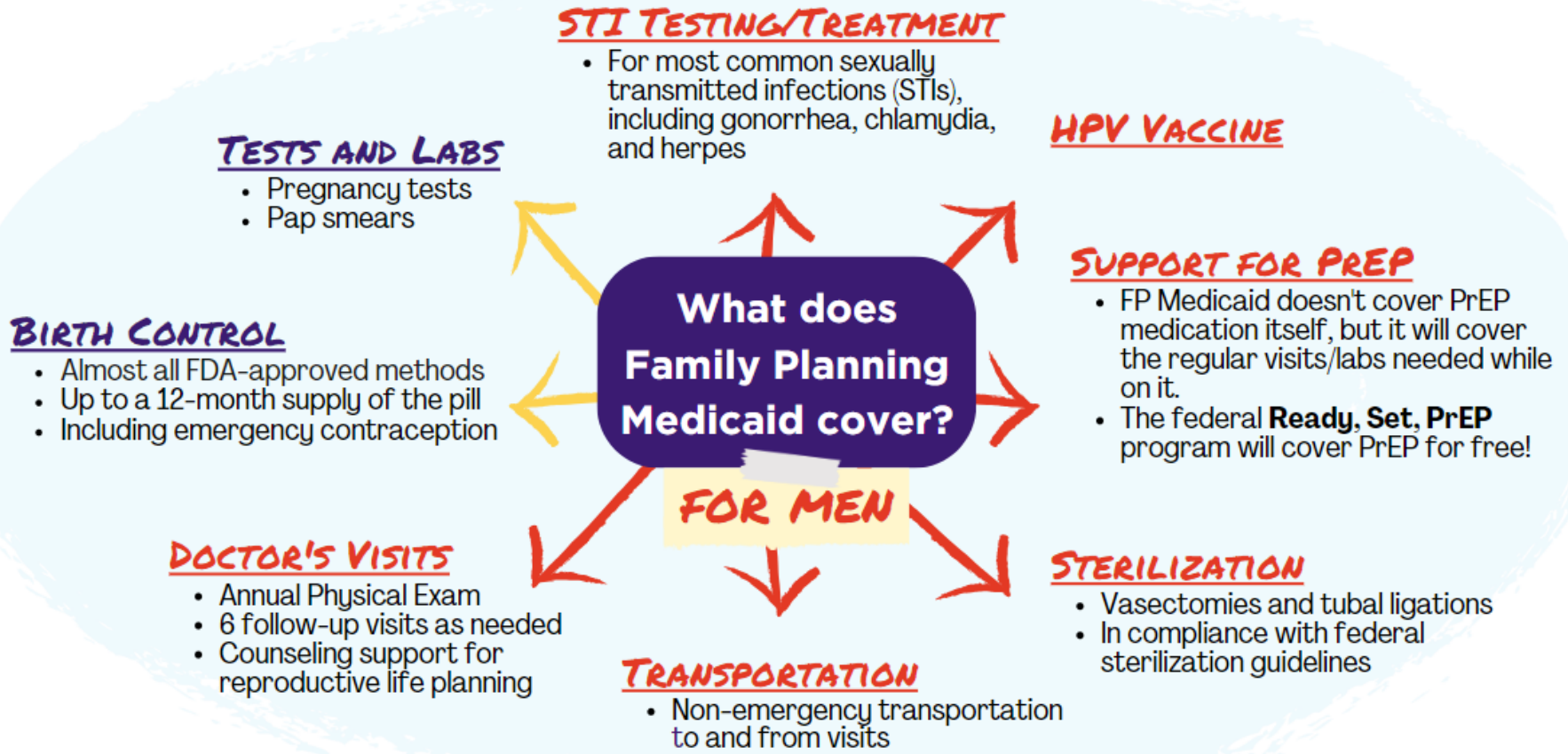


# What does Family Planning Medicaid cover?



Family Planning Medicaid does not meet Minimum Essential Coverage (MEC) criteria.

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# How to apply for Family Planning Medicaid

People can enroll four ways



**ePASS**

[epass.nc.gov](http://epass.nc.gov)



**Paper application**

[ncgov.servicenowservices.com](http://ncgov.servicenowservices.com)



**In person at your  
local DSS office**

[ncdhhs.gov/localDSS](http://ncdhhs.gov/localDSS)



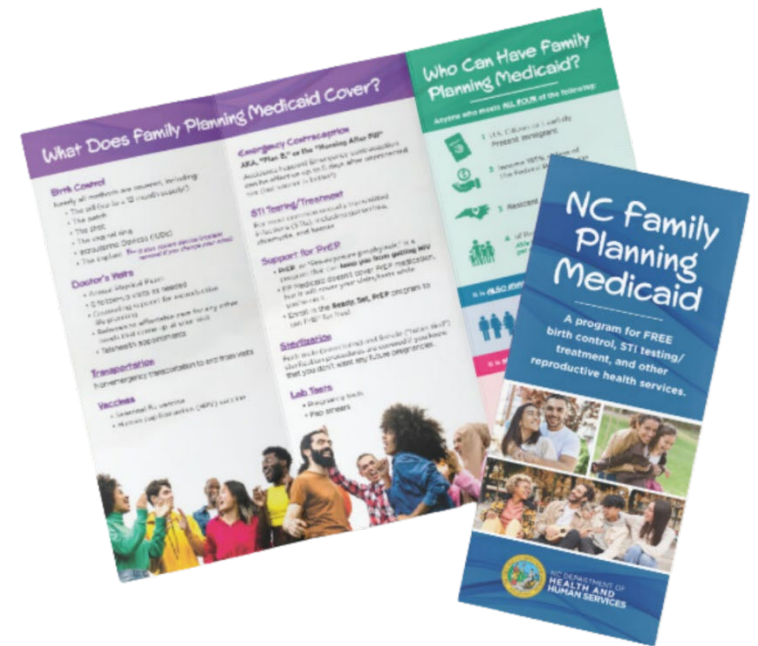
**Call DSS office**

[ncdhhs.gov/localDSS](http://ncdhhs.gov/localDSS)




# New Outreach Materials

- Engaging Men One-Pager
- Beneficiary FAQs Sheet
- Provider Fact Sheet
- Tri-Fold Brochure
- New Enrollee Video (soon)



**FAMILY PLANNING MEDICAID**  
*is for men, too!*



**Family Planning Medicaid helps men take charge of their reproductive health.**

Reproductive health is an important aspect of men's overall health and wellness. Taking care of your reproductive health helps to ensure that you are able to take part in healthy relationships and can, to your reproductive health, you can reduce dysfunction, infertility, and even certain types of reproductive health and talking to your doctor is an important step toward maintaining your

## NC Family Planning Medicaid FACT SHEET FOR PROVIDERS



**What is Family Planning Medicaid?** Family Planning Medicaid, previously called the "Be Smart" program, is designed to improve the reproductive health of individuals in NC by increasing access to reproductive health services. Reproductive health and contraceptive services are provided to eligible individuals of all genders, regardless of age, whose income is at or below 195% of the federal poverty level.



## Why Family Planning Medicaid?

- **Free access** to nearly all birth control methods
  - 1 in 5 uninsured women reported having to discontinue their preferred method because they could not afford it (KFF, 2022)
  - 17% of low-income women said that cost was the leading reason they were not using their preferred method (KFF, 2022)
- Facilitates **reproductive autonomy** for individuals wanting to prevent pregnancy
- Supports **healthier pregnancies** when the time is right
- Promotes population-level sexual health and **STI prevention**
- **Entry point to care** and resources
- **Bolsters financial sustainability** of safety net providers



**Thank you!**

**Feel free to reach out with  
any questions, suggestions,  
or requests for training on  
Family Planning Medicaid!**

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